

2022

COMMUNITY

Health Assessment Survey



Eastern Health



Regional Results Summary

Respondents



2116

15.3% of randomly selected individuals completed the survey

Gender



Male **45.0%**

Female **54.6%**

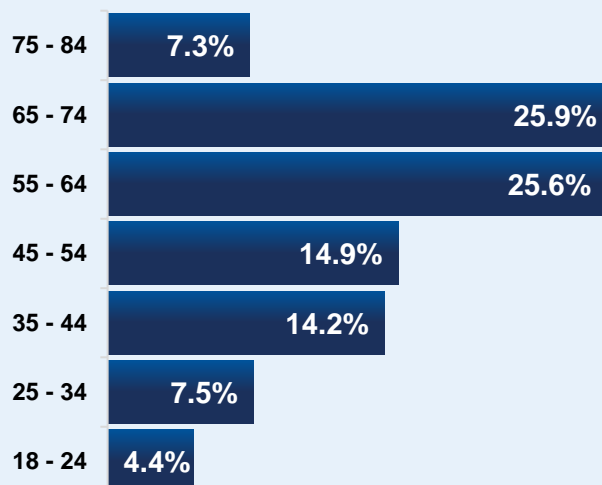
Other **0.7%**

Community Areas



- Bell Island
- Burin
- Conception Bay North
- Placentia
- St. Mary's
- Bonavista
- Clareville
- Holyrood
- Southern Shore
- Northeast Avalon

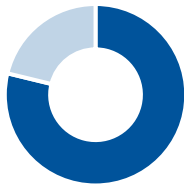
Age Group



PRIMARY CARE PROVIDER

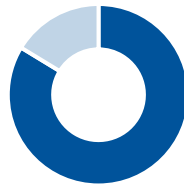


Access



78.8%
have a regular family doctor or nurse practitioner
(decreased from 90.2% in 2019)

Satisfaction



83.7%
satisfied or very satisfied

Of those who were dissatisfied, the top reasons were:

1

Wait list for an appointment is too long

2

Unable to easily contact the clinic/office

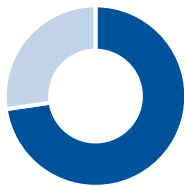
3

Offered virtual visit when an in-person visit is preferred

HEALTH CARE



Access



72.7%
have been able to access health-care services, when required

Satisfaction



62.2%
satisfied or very satisfied

Of those who were dissatisfied, the top reasons were:

1

Wait time for service was too long

2

Unable to get a referral

3

Service not available



COMMUNITY HEALTH AND WELLNESS



Top five reported community concerns:

1	Cost of living	74.4%
2	Road quality	59.4%
3	Emergency services	50.8%
4	Addictions and substance abuse	48.5%
5	Chronic diseases	46.2%

HEALTH CARE PLANNING



Top five areas Eastern Health should focus on to improve health care and service delivery:

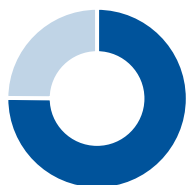
1	Primary Health Care	72.6%
2	Emergency services	66.7%
3	Mental Health and Addictions	58.4%
4	Specialists	50.0%
5	Recruitment/retention of staff	47.8%



HEALTH STATUS



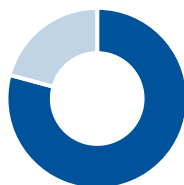
Physical Health



75.1%

said their physical health was excellent, very good, or good

Mental Health



79.2%

said their mental health was excellent, very good, or good

Top 3 reported changes required to improve health:

- 1 Eat healthier/eat more fruits and vegetables **63.6%**
- 2 Start/increase exercise, sports or physical activity **56.0%**
- 3 Reduce stress **41.6%**

Top three reported barriers to change:

- 1 Cost is too high **29.4%**
- 2 Community resources/supports are not available **29.2%**
- 3 Not enough time available **28.7%**

To review the full regional and area reports, please visit: <https://www.easternhealth.ca/your-say/> (**link to be confirmed)

