

2022

# COMMUNITY

## Health Assessment Survey



### Placentia Results Summary

#### Respondents



**200**

14.3% of randomly selected individuals completed the survey

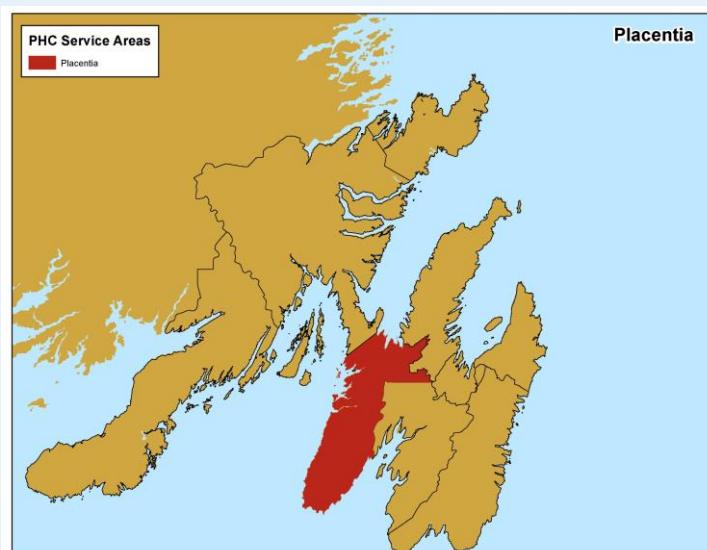
#### Gender



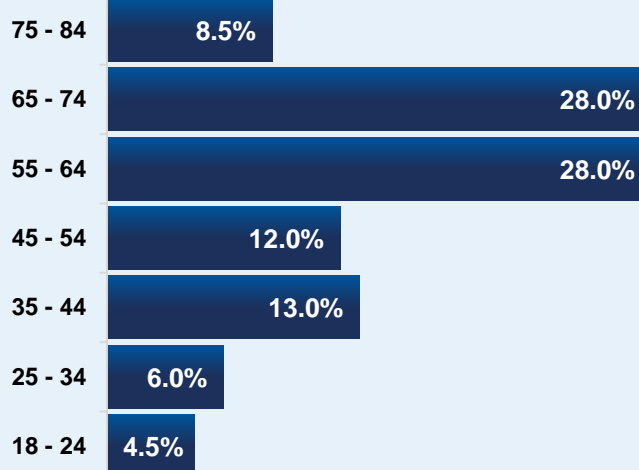
Male **52.0%**

Female **48.0%**

#### Community Areas



#### Age Group



## PRIMARY CARE PROVIDER



### Family/Primary Care Physician or Nurse Practitioner

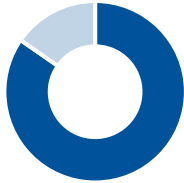
ACCESS



**63.5%**

have a regular family doctor or nurse practitioner

SATISFACTION



**84.3%**

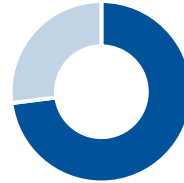
satisfied or very satisfied with their family doctor or nurse practitioner

## HEALTH CARE



### Health Care System and Continuum of Services

ACCESS



**73.0%**

have been able to access health-care services, when required

SATISFACTION



**57.5%**

satisfied or very satisfied with the health-care services received

## COMMUNITY HEALTH AND WELLNESS



### Top reported community concerns:

1	Cost of living	<b>76.0%</b>
2	Road quality	<b>63.0%</b>
3	Emergency services	<b>56.0%</b>
4	Chronic diseases	<b>46.5%</b>
5	Distracted driving of any vehicle	<b>41.0%</b>

## HEALTH CARE PLANNING



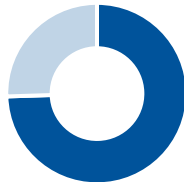
### Top reported areas Eastern Health should focus on to improve health care and service delivery:

1	Primary Health Care	<b>72.0%</b>
2	Emergency Services	<b>71.5%</b>
3	Mental Health and Addictions	<b>54.0%</b>
4	Appointments (scheduling, notifications)	<b>46.0%</b>
5	Specialists	<b>45.5%</b>
6	Recruitment/retention of staff	<b>45.0%</b>

# HEALTH STATUS



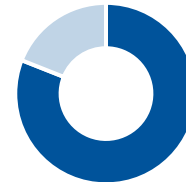
## Physical Health



**74.5%**

said their physical health was excellent, very good, or good

## Mental Health



**81.0%**

said their mental health was excellent, very good, or good

### Top three reported changes required to improve health:

- 1 Eat healthier/eat more fruits and vegetables **62.5%**
- 2 Start/increase exercise, sports or physical activity **48.0%**
- 3 Reduce stress **39.5%**

### Top three reported barriers to change:

- 1 Community resources/supports are not available **39.0%**
- 2 Cost is too high **27.7%**
- 3 Not enough time available **21.5%**

To review the full regional and area reports, please visit: <https://www.easternhealth.ca/your-say/> (\*\*link to be confirmed)

