

2022

COMMUNITY

Health Assessment Survey



Northeast Avalon Results Summary

Respondents



205

14.4% of randomly selected individuals completed the survey

Gender

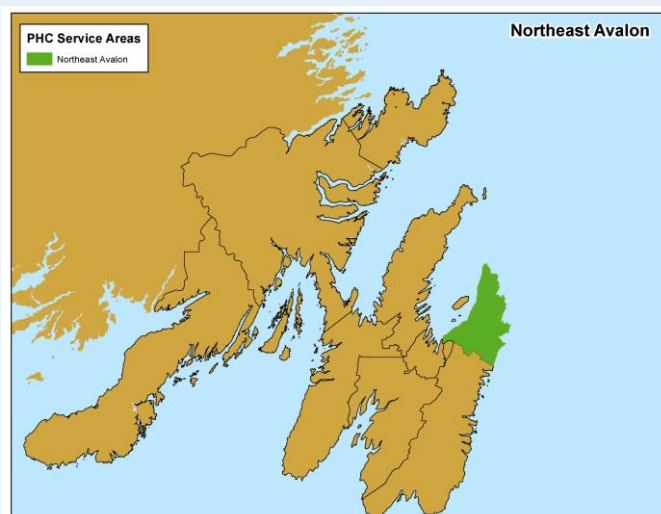


Male **52.7%**

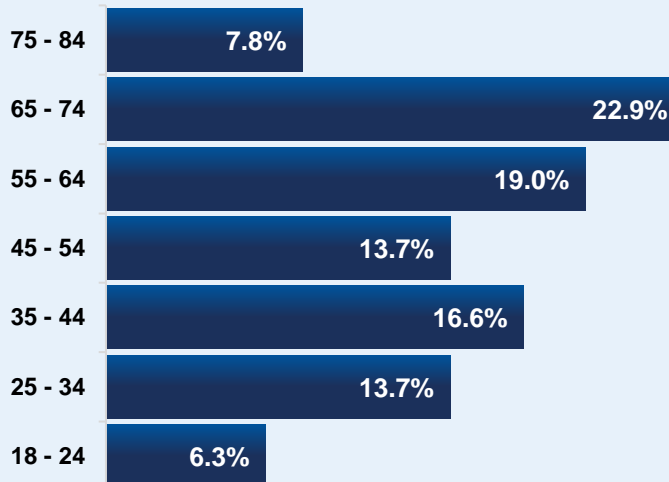
Female **46.8%**

Other **2.0%**

Community Areas



Age Group

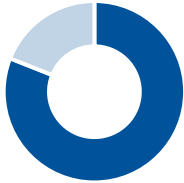


PRIMARY CARE PROVIDER



Family/Primary Care Physician or Nurse Practitioner

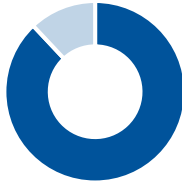
ACCESS



81.0%

have a regular family doctor or nurse practitioner

SATISFACTION



88.0%

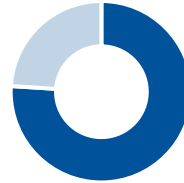
satisfied or very satisfied with their family doctor or nurse practitioner

HEALTH CARE



Health Care System and Continuum of Services

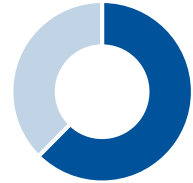
ACCESS



76.6%

have been able to access health-care services, when required

SATISFACTION



62.4%

satisfied or very satisfied with the health-care services received

COMMUNITY HEALTH AND WELLNESS



Top reported community concerns:

1	Cost of living	78.0%
2	Distracted driving of any vehicle	52.2%
3	Addictions and substance abuse	50.2%
4	Chronic diseases	50.2%
5	Emergency services	47.8%

HEALTH CARE PLANNING



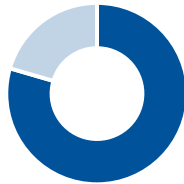
Top reported areas Eastern Health should focus on to improve health care and service delivery:

1	Primary Health Care	72.7%
2	Emergency Services	62.4%
3	Mental Health and Addictions	59.5%
4	Recruitment/retention of staff	54.1%
5	Specialists	51.2%

HEALTH STATUS



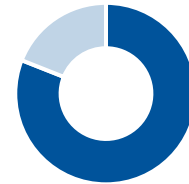
Physical Health



79.5%

said their physical health was excellent, very good, or good

Mental Health



81.0%

said their mental health was excellent, very good, or good

Top three reported changes required to improve health:

- 1 Eat healthier/eat more fruits and vegetables **66.3%**
- 2 Start/increase exercise, sports or physical activity **57.6%**
- 3 Reduce stress **40.5%**

Top three reported barriers to change:

- 1 Not enough time available **33.2%**
- 2 Cost is too high **31.6%**
- 3 Medical condition/injury **20.4%**

To review the full regional and area reports, please visit: <https://www.easternhealth.ca/your-say/> (**link to be confirmed)

