

2022

COMMUNITY

Health Assessment Survey



Holyrood Results Summary

Respondents



247

17.9% of randomly selected individuals completed the survey

Gender

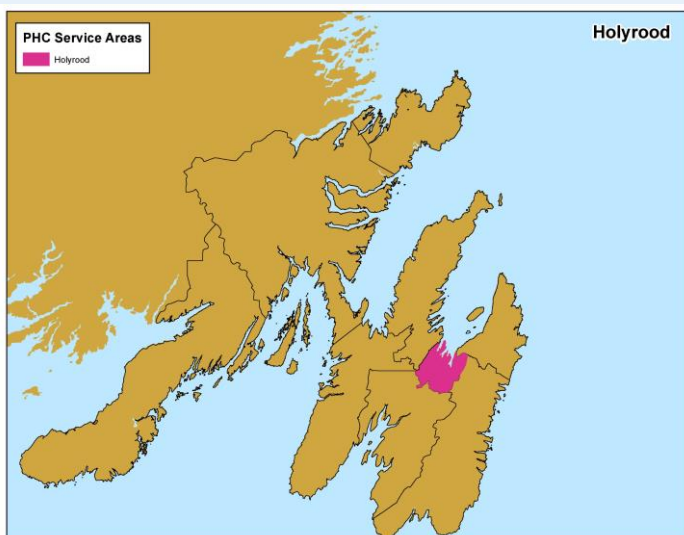


Male **41.3%**

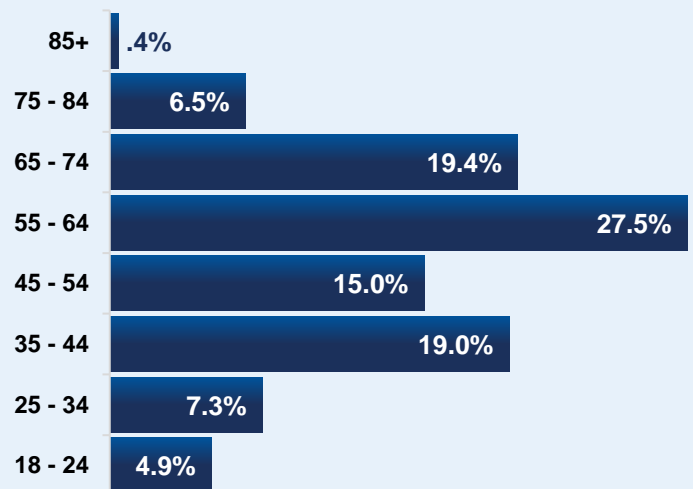
Female **57.9%**

Other **0.9%**

Community Areas



Age Group

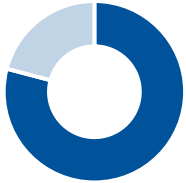


PRIMARY CARE PROVIDER



Family/Primary Care Physician or Nurse Practitioner

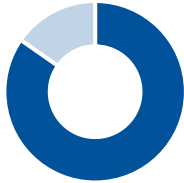
ACCESS



87.0%

have a regular family doctor or nurse practitioner

SATISFACTION



84.7%

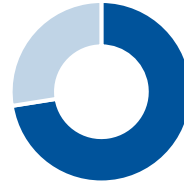
satisfied or very satisfied with their family doctor or nurse practitioner

HEALTH CARE



Health Care System and Continuum of Services

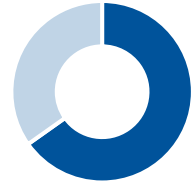
ACCESS



72.5%

have been able to access health-care services, when required

SATISFACTION



65.2%

satisfied or very satisfied with the health-care services received

COMMUNITY HEALTH AND WELLNESS



Top reported community concerns:

1	Cost of living	74.1%
2	Road quality	61.1%
3	Addictions and substance abuse	46.6%
4	Emergency services	44.5%
5	Distracted driving of any vehicle	44.5%

HEALTH CARE PLANNING



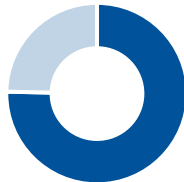
Top reported areas Eastern Health should focus on to improve health care and service delivery:

1	Primary Health Care	69.2%
2	Mental Health and Addictions	64.0%
3	Emergency Services	61.5%
4	Specialists	49.0%
5	Appointments (scheduling, notifications)	43.3%
6	Recruitment/retention of staff	43.3%

HEALTH STATUS



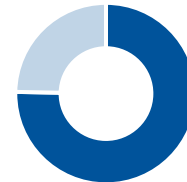
Physical Health



77.3%

said their physical health was excellent, very good, or good

Mental Health



75.3%

said their mental health was excellent, very good, or good

Top three reported changes required to improve health:

- 1 Eat healthier/eat more fruits and vegetables **66.4%**
- 2 Start/increase exercise, sports or physical activity **60.7%**
- 3 Reduce stress **51.0%**

Top three reported barriers to change:

- 1 Community resources/supports are not available **33.5%**
- 2 Not enough time available **33.5%**
- 3 Cost is too high **27.4%**

To review the full regional and area reports, please visit: <https://www.easternhealth.ca/your-say/> (**link to be confirmed)

