

2022

COMMUNITY

Health Assessment Survey



Conception Bay North Results Summary

Respondents



237

16.3% of randomly selected individuals completed the survey

Gender

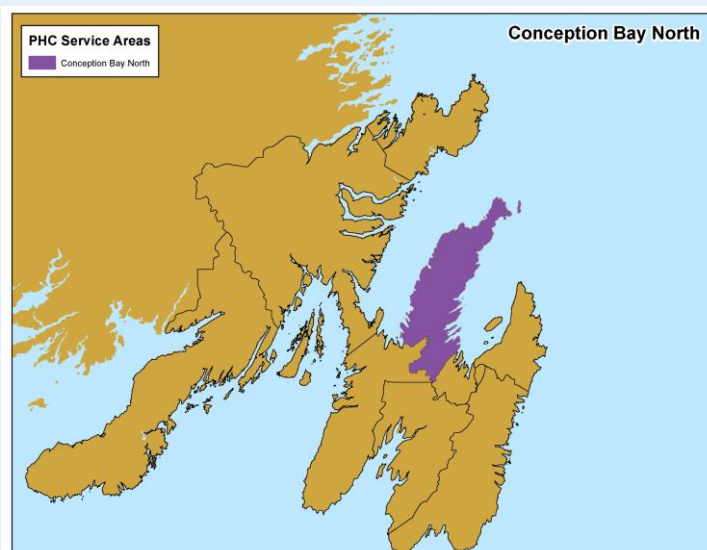


Male **42.6%**

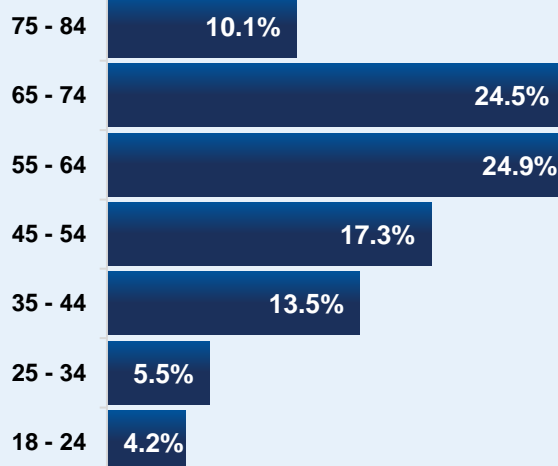
Female **57.0%**

Other **0.9%**

Community Areas



Age Group

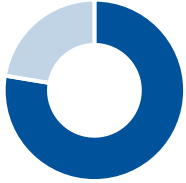


PRIMARY CARE PROVIDER



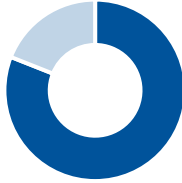
Family/Primary Care Physician or Nurse Practitioner

ACCESS



77.6%
have a regular family doctor or nurse practitioner

SATISFACTION



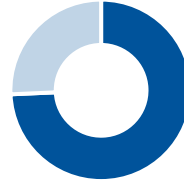
81.0%
satisfied or very satisfied with their family doctor or nurse practitioner

HEALTH CARE



Health Care System and Continuum of Services

ACCESS



74.3%
have been able to access health-care services, when required

SATISFACTION



57.4%
satisfied or very satisfied with the health-care services received

COMMUNITY HEALTH AND WELLNESS



Top reported community concerns:

1	Cost of living	73.4%
2	Road quality	53.6%
3	Addictions and substance abuse	52.3%
4	Emergency services	46.0%
5	Drug/alcohol impaired driving of any vehicle	42.2%

HEALTH CARE PLANNING



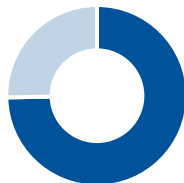
Top reported areas Eastern Health should focus on to improve health care and service delivery:

1	Primary Health Care	73.8%
2	Emergency Services	63.7%
3	Specialists	55.7%
4	Mental Health and Addictions	53.2%
5	Recruitment/retention of staff	45.6%

HEALTH STATUS



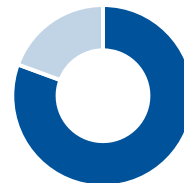
Physical Health



74.7%

said their physical health was excellent, very good, or good

Mental Health



80.6%

said their mental health was excellent, very good, or good

Top three reported changes required to improve health:

- 1 Eat healthier/eat more fruits and vegetables **66.2%**
- 2 Start/increase exercise, sports or physical activity **58.2%**
- 3 Get more sleep **38.4%**

Top three reported barriers to change:

- 1 Cost is too high **34.4%**
- 2 Not enough time available **28.8%**
- 3 Community resources/supports are not available **24.7%**

To review the full regional and area reports, please visit: <https://www.easternhealth.ca/your-say/> (**link to be confirmed)