# **COMMUNITY**



Health Assessment Survey



Clarenville Results Summary

#### Respondents



225

15.7% of randomly selected individuals completed the survey

#### Gender

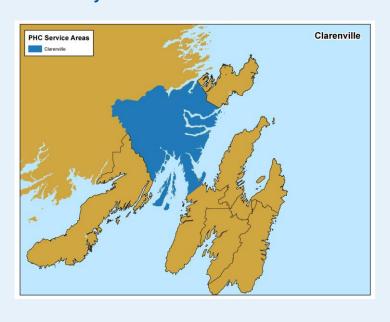


Male **47.6%** 

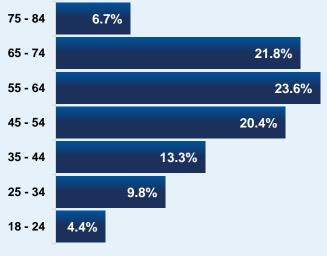
Female **52.0%** 

Other **0.9%** 

#### **Community Areas**



#### **Age Group**



### PRIMARY CARE PROVIDER



### **HEALTH CARE**



### Family/Primary Care Physician or Nurse Practitioner

**ACCESS** 

0

**SATISFACTION** 

0

81.3%
have a regular family
doctor or nurse
practitioner

82.0%

satisfied or very satisfied with their family doctor or nurse practitioner

### Health Care System and Continuum of Services

**ACCESS** 

**SATISFACTION** 



67.1%
have been able to access health-care services, when required



60.9% satisfied or very satisfied with the health-care services received

### COMMUNITY HEALTH AND WELLNESS



#### Top reported community concerns:

1	Cost of living	78.2%
2	Road quality	59.6%
3	Addictions and substance abuse	56.4%
4	Emergency services	44.0%
5	Chronic diseases	42.2%
6	Mental health of community residents	42.2%

### HEALTH CARE PLANNING



## Top reported areas Eastern Health should focus on to improve health care and service delivery:

1	Primary Health Care	74.7%
2	Emergency Services	65.3%
3	Mental Health and Addictions	64.0%
4	Recruitment/retention of staff	52.4%
5	Specialists	51.1%



#### **Physical Health**



**76.9%** said their physical health was excellent, very good, or good

#### **Mental Health**



73.8% said their mental health was excellent, very good, or good

### Top three reported changes required to improve health:

1	Eat healthier/eat	
	more fruits and	59.6%
	vegetables	

2 Start/increase exercise, sports or **55.6%** physical activity

3 Get more sleep 44.4%

### Top three reported barriers to change:

1	Not enough time	27 20/
	available	37.2%

2 Cost is too high 27.5%

Community resources/supports 25.6% are not available

To review the full regional and area reports, please visit: <a href="https://www.easternhealth.ca/your-say/">https://www.easternhealth.ca/your-say/</a> (\*\*\*link to be confirmed)