

2022

COMMUNITY

Health Assessment Survey



Burin Results Summary

Respondents



199

14.0% of randomly selected individuals completed the survey

Gender

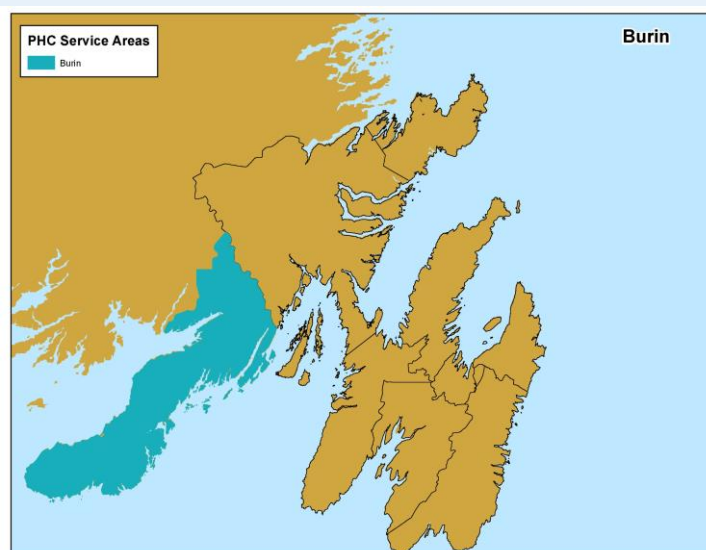


Male **48.2%**

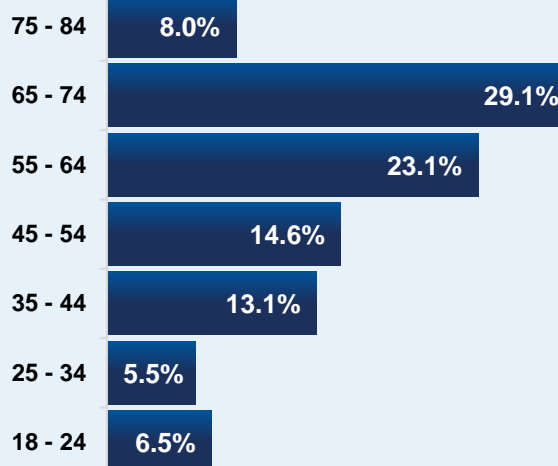
Female **51.8%**

Other **0.5%**

Community Areas



Age Group

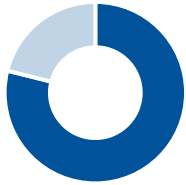


PRIMARY CARE PROVIDER



Family/Primary Care Physician or Nurse Practitioner

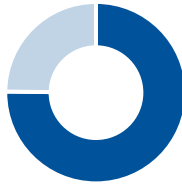
ACCESS



78.9%

have a regular family doctor or nurse practitioner

SATISFACTION



75.2%

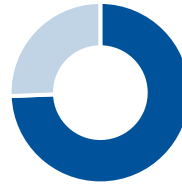
satisfied or very satisfied with their family doctor or nurse practitioner

HEALTH CARE



Health Care System and Continuum of Services

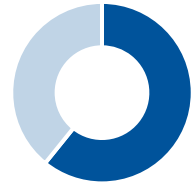
ACCESS



74.4%

have been able to access health-care services, when required

SATISFACTION



60.8%

satisfied or very satisfied with the health-care services received

COMMUNITY HEALTH AND WELLNESS



Top reported community concerns:

1	Cost of living	74.4%
2	Road quality	64.8%
3	Emergency services	58.3%
4	Chronic diseases	57.3%
5	Addictions and substance abuse	50.8%

HEALTH CARE PLANNING



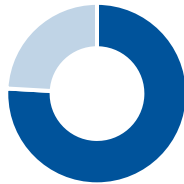
Top reported areas Eastern Health should focus on to improve health care and service delivery:

1	Primary Health Care	76.9%
2	Emergency Services	73.4%
3	Specialists	63.8%
4	Mental Health and Addictions	62.3%
5	Appointments (scheduling, notifications)	58.8%

HEALTH STATUS



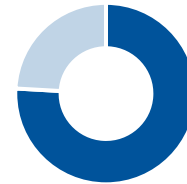
Physical Health



75.9%

said their physical health was excellent, very good, or good

Mental Health



75.9%

said their mental health was excellent, very good, or good

Top three reported changes required to improve health:

- 1 Eat healthier/eat more fruits and vegetables **60.8%**
- 2 Start/increase exercise, sports or physical activity **54.3%**
- 3 Reduce stress **40.2%**

Top three reported barriers to change:

- 1 Cost is too high **35.4%**
- 2 Community resources/supports are not available **25.3%**
- 3 Not enough time available **24.2%**

To review the full regional and area reports, please visit: <https://www.easternhealth.ca/your-say/> (**link to be confirmed)

