

2022

# COMMUNITY

## Health Assessment Survey



Eastern Health



### Bonavista Results Summary

#### Respondents



**199**

14.3% of randomly selected individuals completed the survey

#### Gender

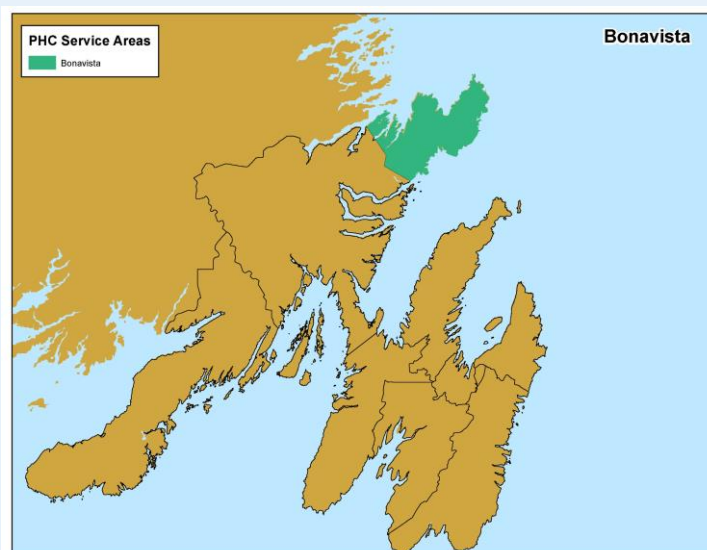


Male **57.3%**

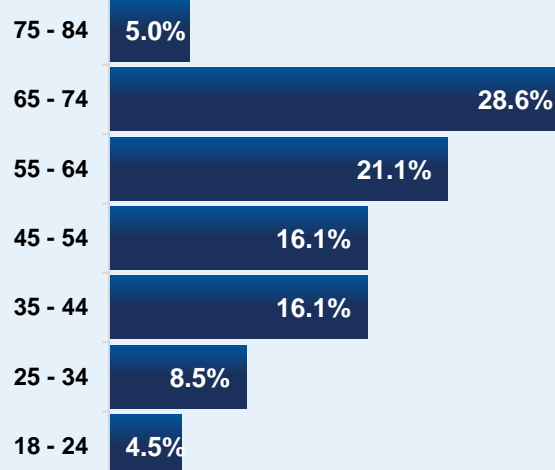
Female **42.7%**

Other **0.5%**

#### Community Areas



#### Age Group

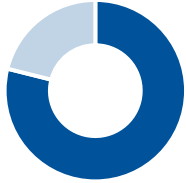


## PRIMARY CARE PROVIDER



### Family/Primary Care Physician or Nurse Practitioner

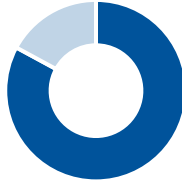
ACCESS



**78.9%**

have a regular family doctor or nurse practitioner

SATISFACTION



**82.8%**

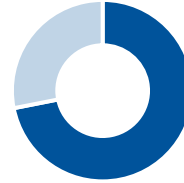
satisfied or very satisfied with their family doctor or nurse practitioner

## HEALTH CARE



### Health Care System and Continuum of Services

ACCESS



**71.9%**

have been able to access health-care services, when required

SATISFACTION



**59.8%**

satisfied or very satisfied with the health-care services received

## COMMUNITY HEALTH AND WELLNESS



### Top reported community concerns:

1	Cost of living	<b>79.9%</b>
2	Road quality	<b>78.4%</b>
3	Emergency services	<b>70.9%</b>
4	Addictions and substance abuse	<b>61.8%</b>
5	Chronic diseases	<b>56.8%</b>

## HEALTH CARE PLANNING



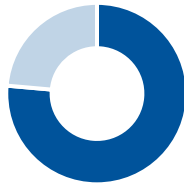
### Top reported areas Eastern Health should focus on to improve health care and service delivery:

1	Emergency Services	<b>85.4%</b>
2	Primary Health Care	<b>71.4%</b>
3	Mental Health and Addictions	<b>56.3%</b>
4	Recruitment/retention of staff	<b>52.3%</b>
5	Specialists	<b>48.2%</b>

# HEALTH STATUS



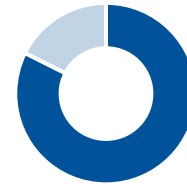
## Physical Health



**76.4%**

said their physical health was excellent, very good, or good

## Mental Health



**82.4%**

said their mental health was excellent, very good, or good

### Top three reported changes required to improve health:

- 1 Eat healthier/eat more fruits and vegetables **68.3%**
- 2 Start/increase exercise, sports or physical activity **64.8%**
- 3 Reduce stress **48.7%**

### Top three reported barriers to change:

- 1 Community resources/supports are not available **29.9%**
- 2 Not enough time available **29.9%**
- 3 Cost is too high **28.3%**

To review the full regional and area reports, please visit: <https://www.easternhealth.ca/your-say/> (\*\*link to be confirmed)

