

2022

COMMUNITY

Health Assessment Survey



Bell Island Results Summary

Respondents



189

15.0% of randomly selected individuals completed the survey

Gender

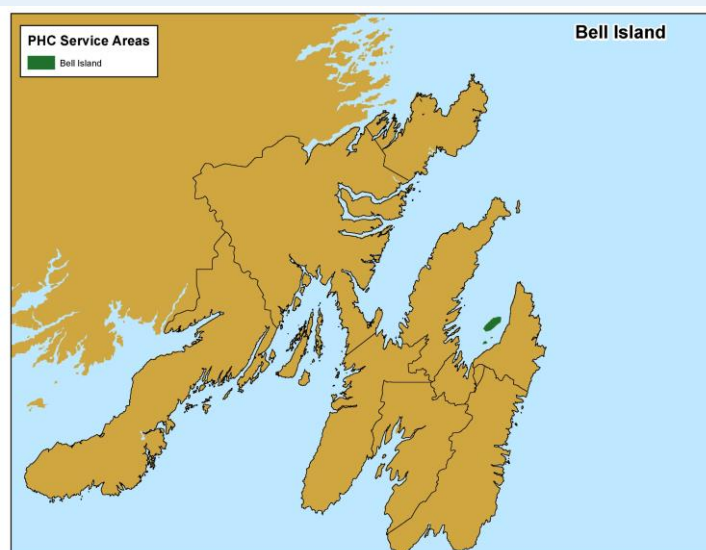


Male **50.3%**

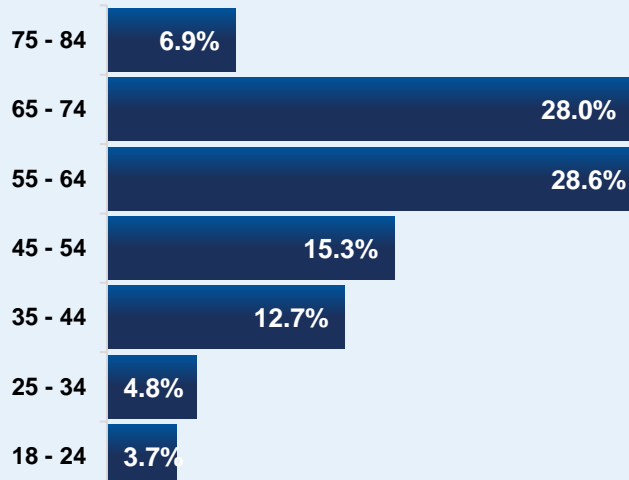
Female **49.7%**

Other **0.5%**

Community Areas



Age Group



PRIMARY CARE PROVIDER



Family/Primary Care Physician or Nurse Practitioner

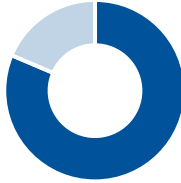
ACCESS



59.8%

have a regular family doctor or nurse practitioner

SATISFACTION



84.1%

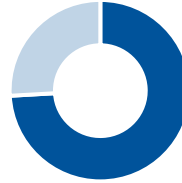
satisfied or very satisfied with their family doctor or nurse practitioner

HEALTH CARE



Health Care System and Continuum of Services

ACCESS



74.1%

have been able to access health-care services, when required

SATISFACTION



63.5%

satisfied or very satisfied with the health-care services received

COMMUNITY HEALTH AND WELLNESS



Top reported community concerns:

1	Cost of living	74.1%
2	Addictions and substance abuse	73.0%
3	Clean water supply	72.5%
4	Road quality	69.8%
5	Crime and violence	52.4%
6	Chronic diseases	52.9%

HEALTH CARE PLANNING

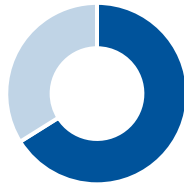


Top reported areas Eastern Health should focus on to improve health care and service delivery:

1	Primary Health Care	71.4%
2	Emergency Services	57.7%
3	Mental Health and Addictions	57.7%
4	Appointments (scheduling notifications)	50.8%
5	Recruitment/retention of staff	50.3%



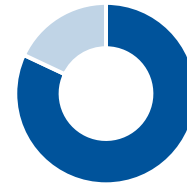
Physical Health



66.1%

said their physical health was excellent, very good, or good

Mental Health



82.0%

said their mental health was excellent, very good, or good

Top three reported changes required to improve health:

- 1 Eat healthier/eat more fruits and vegetables **66.1%**
- 2 Start/increase exercise, sports or physical activity **50.8%**
- 3 Reduce stress **36.5%**

Top three reported barriers to change:

- 1 Community resources/supports are not available **40.4%**
- 2 Cost is too high **30.7%**
- 3 Not enough time available **22.9%**

To review the full regional and area reports, please visit: <https://www.easternhealth.ca/your-say/> (**link to be confirmed)

