

 Eastern Health Laboratory Medicine	Section: Management System\EH Laboratories\Biochemistry\Quick References\Fertility\	
	Title: Semen Analysis Collection for Fertility Studies and Post Vasectomy Samples	Number: 11111
	Effective Date: 11/23/2022	Version: 3.0
		Status: Current

Semen Collection Instructions

- Abstain/Do not ejaculate for a minimum of 2 days and a maximum of 5 days.
- Collect the entire specimen directly into the sterile container provided. Report any loss of specimen to the laboratory technologist accepting your sample.
- **DO NOT** use condoms or lubricants unless they are “sperm safe” (e.g., Pre~Seed).

Sample labeling

- Label container with patient name, MCP/HCN, and date/time of collection
- Ensure information is accurate and complete.
- Sample WILL NOT be tested if it is not properly labeled.

Delivery requirements

- Sample MUST remain close to body temperature until it is delivered to the laboratory (e.g., inside jacket pocket).
- Samples should be received by the laboratory as soon as possible; within 30 minutes for Fertility studies and 1 hour for post- vasectomy samples.
- Some labs may have a designated room available for sample collection (phone local lab for availability).
- Bring physicians requisition and MCP card.

Major's Path Fertility Laboratory only:

- Semen Analysis Screen (volume, sperm count, sperm motility, and liquefaction)
- Additional testing fertility workup: pH, % rapid motile sperm, sperm vitality, morphology, 4-category motility assessment where specific criteria met or requested by the physician.
- Post Vasectomy

Carbonear, Burin and Clarenville only:

- Semen Analysis Screen (volume, sperm count, sperm motility, and liquefaction)
- Post Vasectomy

Laboratory testing locations – Go to the location as directed by your physician

- **Fertility Services Laboratory** - 35 Major's Path-Suite 103, St. John's
 Please call to book an appointment before sample collection Phone: **709 752-3649**
 Hours of operation: Monday - Friday 08:30 AM – 4:00 PM (excluding Statutory holidays)
- **Semen Analysis Screening Laboratories**
 Specimens can be dropped off without an appointment at the locations listed (excluding Statutory holidays)

Burin Peninsula Health Care Centre	Monday - Friday 0900 AM -2:00 PM
Carbonear General Hospital.	Monday - Friday 8:00 AM -12:00 PM
Dr. G. B. Cross Memorial Hospital, Clarenville	Monday – Friday 0800 AM -1:00 PM