

 Eastern Health Laboratory Medicine	Section: Management System\EH Laboratories\Client Services\Collection Manual\Patient Instructions\	
	Title: Collecting a Stool (Bowel Movement) Sample	Number: 11122
		Version: 4.0
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**Collecting Stool (Bowel Movement) Samples for:
Culture, Clostridium difficile toxin, Rotavirus and/or
Ova and Parasites**

NOTE: Testing will not be performed if samples are not properly labeled or the requisition is not complete with the Full name and MCP (Health Care Number).

**About the
Collection
Container(s)**

Depending on the tests ordered, you may have one or more of the following following containers:

GI Multiplex Test – bottle labeled Enteric Pathogen Transport, (**refrigerate after collection is complete**).

Ova & Parasites – Requires 2 bottles

- 1 bottle labeled SAF - Sodium Acetate; Acetic Acid; Formaldehyde, (**keep at room temperature after collection**).
- 1 bottle labeled Enteric Pathogen Transport, (**refrigerate after collection is complete**).

Calprotectin – empty, dry bottle (Monday – Friday must be frozen if left over the weekend)

**CAUTION:
Poison**

The SAF solution is poisonous; keep out of children’s reach.
If swallowed, drink lots of milk or water and **IMMEDIATELY**
call the 24-hour Poison Information Centre at **1-866-727-1110**



**Before you
Collect the**

DO NOT use a laxative before collecting the stool sample.
Empty your bladder (pee) completely to prevent the stool from becoming contaminated with urine.

**How to collect
the sample(s)**

Collect the stool sample into a clean, dry disposable container such as the supplied toilet hat, a clean plastic ice cream tub, or onto plastic wrap placed under a toilet seat.
DO NOT let toilet water touch the stool sample.
DO NOT send stool samples in diapers. Remove the stool sample from the diaper using plastic spoon.

**Adding Stool
to the
Container(s)**

- Deposit the stool into the container(s) following the steps in the order below:
1. Put stool into all the containers you were given, (Do not overfill containers).
 2. Include parts of the stool that are bloody or slimy (mucous/pus).
 3. In the dry bottle, add stool to 1/3 of the bottle and put cap on tightly.
 4. In the bottle labeled Enteric Pathogen Transport, add stool until the liquid reaches the fill line, cap tightly and shake to mix stool and fixative.
 5. In the container labeled SAF add stool until the liquid reaches the fill line, cap Tightly and shake to mix stool and fixative.

**After Collecting
the Sample(s)**

1. Wash hands thoroughly.
2. Label bottle(s) with:
 First and Last name **AND**
 MCP (Healthcare) number
 Date and time of specimen collection.
3. Put the bottle(s) into a sealed biohazard bag and place the requisition in the outside pouch of the bag.
4. Take the specimen(s) to the lab with the physician requisition as soon as possible (within 24 hours after collection).