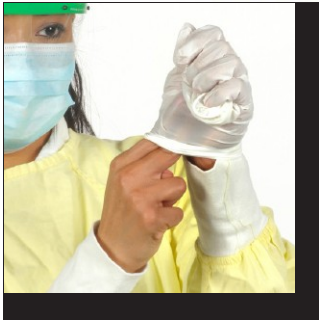


# Personal Protective Equipment Taking it Off in 6 Easy Steps

**\*Remove ALL PPE,  
with exception of N95, before leaving patient room**

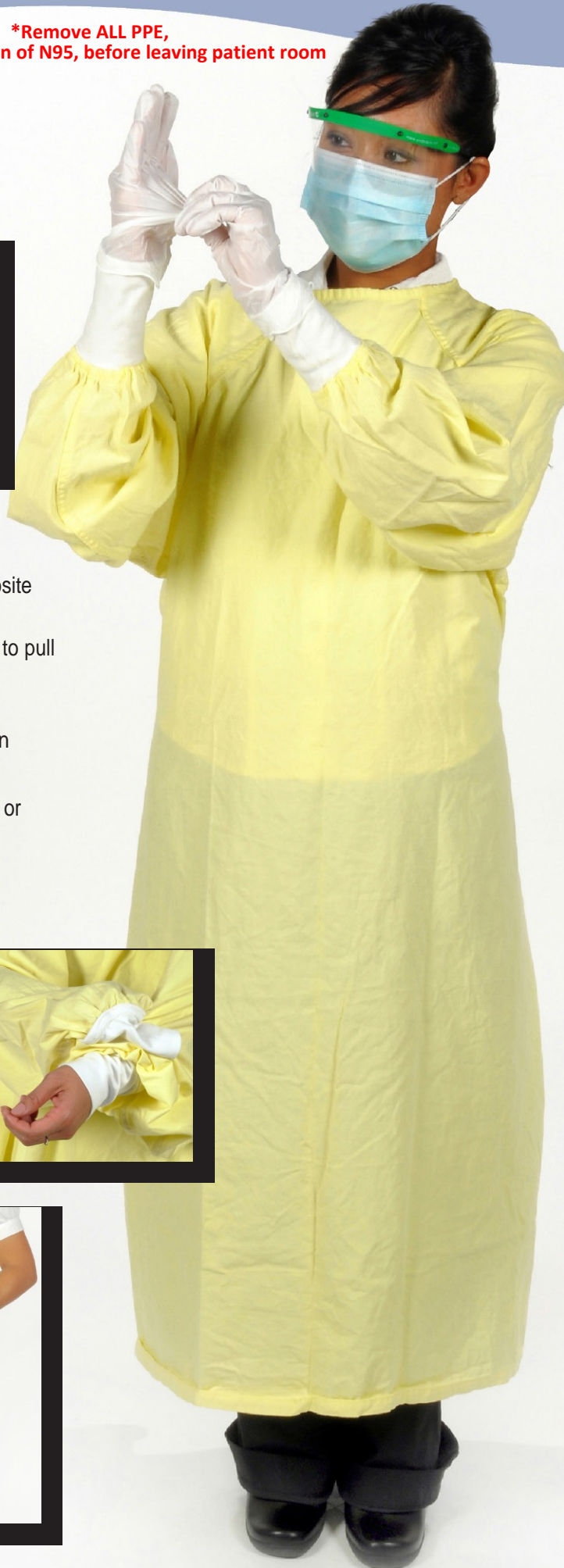
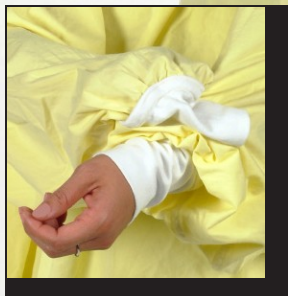
## 1 GLOVES

- remove glove to glove, skin to skin
- place gloves in garbage



## 2 GOWN

- untie neck, then waist
- hook fingers under opposite cuff; pull over hand
- use gown-covered hand to pull gown over other hand
- pull gown off without touching outside of gown
- roll up inside out
- place in laundry hamper or garbage as appropriate



## 3 HANDS

- clean your hands with hand sanitizer or soap and water

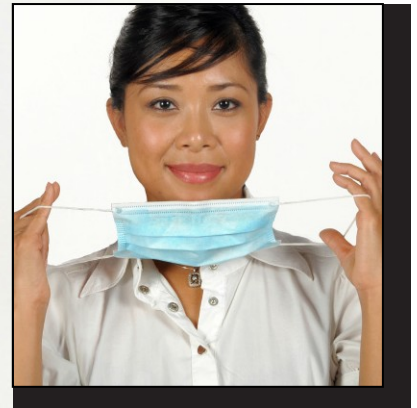
## 4 EYE PROTECTION

- remove eye protection by handles and place in reprocessing bin or garbage



## 5 MASK/ N95 RESPIRATOR

- remove using loops or ties; do not touch mask.
- N95 should be removed outside of the room after the door has been closed. Place in garbage



## 6 HANDS

- Clean your hands immediately after removal of PPE or anytime you suspect your hands are contaminated during PPE removal



Infection Prevention  
+ Control Program

*Protect yourself - Protect others*

March 2014

Adapted from the Winnipeg Regional Health Authority