

Personal Protective Equipment Putting it On in 5 Easy Steps

1 HANDS

- clean your hands with hand sanitizer or soap and water

2 GOWN

- first tie at top
- next tie at waist
- ensure opening is in back and that it covers your skin and clothes



3 MASK

- put on a procedure or surgical mask
- mould the metal piece to fit your nose



ALTERNATE:

N95 Respirator if indicated



A Fit Check Must be performed with each use

4 EYE PROTECTION

- put on eye protection



ALTERNATE:
Combo mask/eye shield



5 GLOVES

- pull on gloves & ensure they cover cuffs of gown



Infection Prevention
+ Control Program

Protect yourself - Protect others

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Adapted from the Winnipeg Regional Health Authority