

# How to Hand Rub



1  
Apply a dime-sized amount (2-3 ml) of product into palms of dry hands



2  
Rub product into hands palm to palm



3  
Rub fingertips of each hand in opposite palm.

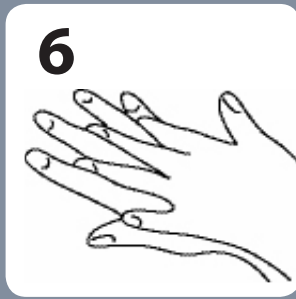


4  
Rub between and around fingers

**Rub hands for 15 seconds**



5  
Rub each thumb clasped in opposite hand



6  
Rub back of each hand with opposite palm



7  
Rub hands until dry before performing another task



8  
DO NOT WIPE OFF. Your hands are now clean

Infection Prevention  
+ Control Program