



# ***PUBLIC SERVICE ANNOUNCEMENT***

## **Update on COVID-19 Vaccines for Residents 70 Years of Age and Older**

**March 31, 2021 – St. John’s, NL:** Eastern Health is advising residents that it is beginning to contact individuals in the 70 to 79 age range this week to book their COVID-19 vaccines. Some parts of the Eastern Health region, where population numbers for those 80 and over are lower, clinics have already included those in the 70 to 79 age group.

Eastern Health anticipates that everyone in this age group will be contacted and offered an appointment by April 23rd. If individuals provided an email when they pre-registered, they will be contacted via email with instructions on how to book their appointment online. Eastern Health also asks that people check their spam folder if they do not see an email in their inbox. If people only provided a phone number at the time or pre-registration, they will be contacted via phone to book their appointment.

Vaccine clinics are located in Bonavista, Lethbridge, Clarendville, Marystown, Grand Bank, Arnold’s Cove, Whitbourne, Holyrood, Norman’s Cove, Placentia, Old Perlican, Heart’s Delight-Islington, St. Bride’s, St. Mary’s, Carbonear, St. John’s (including east and west end), Conception Bay South, Bell Island and Ferryland.

Once specific individuals have been contacted by email, they will be provided with a booking code and invited to schedule the specific day and time of their appointment on the online booking portal called Pomelo (formerly called Health Myself) used by the RHAs to schedule individual vaccine appointments. Individuals who have not received an invitation, along with a link to the portal and a booking code directly from Eastern Health, **do not** qualify to book an appointment at this time.

Individuals who are unable to book their appointment online, are having trouble booking their appointment, need to cancel or reschedule their appointment or who have any other questions regarding their COVID-19 vaccine appointments may call **1-833-951-3884**, seven days a week from 8 a.m. to 8 p.m.

If anyone over the age of 70 has not yet pre-registered, they can do so by [clicking here](#). Anyone who does not have internet access, may call 1-833-668-3930 to pre-register. Public vaccine clinics are rolling out across the Eastern Health region in accordance with the [Newfoundland and Labrador COVID-19 Immunization Plan](#). More information about the COVID-19 vaccination program within the Eastern Health region can be found [here](#).

Eastern Health is following provincial and national guidance on COVID-19 vaccination for priority populations. Additional information on vaccination schedules will be provided as it becomes available and more clinics are set up. Residents should continue to practice good infection prevention and control practices including:

- Stay informed, be prepared and follow Public Health advice;
- Wash your hands frequently with warm water and soap for at least 20 seconds;
- Use an alcohol-based hand sanitizer in the absence of soap and water;
- Do not touch your face;

- Practice proper cough and sneeze etiquette;
- Wear a non-medical mask in public indoor spaces;
- Maintain physical distancing;
- Increase cleanliness and ventilation of public spaces and worksites;
- Work from home, if possible; and,
- Stay home if you are sick and avoid contact with others.
- Completing the online self-assessment at [www.811healthline.ca](http://www.811healthline.ca) or calling the 811 if you are experiencing one or more symptoms of COVID-19 to arrange testing.

For more information on COVID-19 vaccines, please visit [Health Canada](http://HealthCanada). For up-to-date information on the COVID-19 pandemic, please visit [www.gov.nl.ca/covid-19](http://www.gov.nl.ca/covid-19).

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