



MENTAL HEALTH AND ADDICTIONS SERVICES

Burin Peninsula

The Mental Health and Addictions Program offers a range of services including:

- ✚ Counselling
- ✚ Consultation
- ✚ Assessment
- ✚ Prevention/Promotion
- ✚ Youth Outreach
- ✚ Short Term Treatment
- ✚ Case Management
- ✚ Crisis Intervention

Services are available to people who have issues with mental health, substance use/abuse, gambling and mental illness. Services are offered to individuals, couples, families and groups.

You can make a referral to Mental Health and Addictions by calling the office nearest you. A professional can also make a referral on your behalf.

Marystown

Eastern Health Community Services
10-12 Harris Drive
(709) 279-7952

Grand Bank

Grand Bank Health Care Centre
Weekly Clinic
(709) 832-1602

St. Lawrence

US Memorial Health Care Centre
Biweekly Clinic
(709) 873-2880

Placentia West

Placentia West Medical Clinic
Weekly Clinic
(709) 443-2100





MENTAL HEALTH AND ADDICTIONS TEAM

Team Members may include: Addictions Counsellors, Nurses, Psychologists, Social Workers, Youth Outreach Workers, and Psychiatrists. Although each of these professionals/services may not be located at the site nearest you, they may be available as consultants to the professional you see.



COUNSELLING SERVICES

The Mental Health and Addictions Program offers counselling services to address issues such as:

-  Depression/Anxiety & Stress
-  Family Issues
-  Fear and Phobias
-  Parenting Issues
-  Grief and/or Adjustment
-  Eating Disorders
-  Suicidal Issues
-  Alcohol and Drug Issues
-  Impaired Driving
-  Gambling
-  Sexual, Physical & Emotional Abuse
-  Mental Illness
-  Relationship Issues
-  Violence

CASE MANAGEMENT

Specialized Services are available for individuals experiencing severe and persistent mental illness.

YOUTH OUTREACH

Youth Outreach Workers provide outreach and early intervention services to youth. These workers go into the community to meet with youth who may not necessarily look for formal intervention.

Early Intervention is aimed at youth to increase the likelihood of reduced problem substance use behaviors.

MENTAL HEALTH CRISIS SERVICE

Toll Free, 24 hour line:
1-888-737-4668

SYSTEMS NAVIGATOR

Available to help people navigate the mental health & addictions system.

Toll free @1-877-999-7589

